

The Centre for Learning Strategy Support offers a wide variety of ways to connect, depending on your needs and preferences.

Would you like real-time guidance or to explore at your own pace?

Our services are open to all students. If a program has eligibility requirements, it will be specified in the description, which can be found on our events calendar and on CLNx.

In real time				At my own pace	
With a group Student Life event calendar or clnx.utoronto.ca		With one person clnx.utoronto.ca		Resource and format	Time commitment
Event type	Time commitment	Appointment type	Time commitment		
				Academic Resource Library uoft.me/resourcelibrary These AODA-compliant PDF handouts offer practical tips that are easy to follow.	2–4 minutes each
Workshops uoft.me/academicevents Standalone workshops on a range of topics.	60–90 minutes	Peer Mentor uoft.me/academicmentors For your first appointment, try starting with a peer mentor consultation.	30 minutes	Study Strategies Library uoft.me/studystrategies A collection of webpages on topics like managing projects, talking with professors or rebooting after a setback.	2–4 minutes each
Programs uoft.me/academicevents Some programs invite you to attend any session, while others have cohorts and ask for regular attendance.	60–90 minutes per session Some programs require a 4–6-week commitment.	Learning strategist uoft.me/learningstrategists Book one 50-minute appointment at a time (maximum of two per week).	50 minutes	Study Skills eBook collection uoft.me/StudySkillseBooks A collection of eBooks curated by our team of educators, coaches and learning strategists.	3–5 days per title
		Learning strategist on location uoft.me/learningstrategists 50-minute appointments are also bookable through your college registrar if you're an Arts and Science undergrad student, or through your faculty registrar if you're at the Faculty of Kinesiology & Physical Education or the Faculty of Medicine.	50 minutes	Study Skills audiobook collection uttoronto.overdrive.com (Go to Collections > Learning Strategies) Enjoy some food for thought while working out or working on a project.	3–5 days per title
Study Hubs uoft.me/studyhubs Multi-disciplinary co-working sessions facilitated by trained peers.	2 hours			"Five Keys to Succeed" noncredit course uoft.me/5Keys Learn to manage stress, build productivity habits and study effectively.	2–4 hours
Graduate Writing Groups/ Graduate Productivity Groups uoft.me/gwg uoft.me/gpg Multi-disciplinary co-working sessions for students in graduate and professional programs, facilitated by trained peers.	2–2.5 hours				