Please use the following instructions to set up your Web Access Account:

1. Go to [https://my.healthandwellness.utoronto.ca](https://my.healthandwellness.utoronto.ca)
2. Log in using:
   - **USER NAME**: Your U of T student number
   - **PASSWORD**: Your Health & Wellness Centre Chart Number (found on sticker on the back of your Health Card or Student Card)
3. You will be presented with a “Terms of Agreement for Web Site” form. To proceed, you will have to accept the conditions by clicking the “I agree” button at the bottom of the agreement.
4. You are now ready to book appointments and view your lab results.
5. Your temporary password will expire within 7 days of the date stamp of this email. To change it, click on “Personal Information” and then “Change Password”.